



## Open Challenge Cup Poomsae

Saturday March 5<sup>th</sup> 2022

Tongeren / Belgium

Individual Pomsae, Pairs, Teams. Freestyle Pomsae, Para Pomsae

### Belgian Taekwondo Federation Ranking Tournament

Organization: Tkd Academy Ge-We under the auspice of Taekwondo Vlaanderen - BTF  
With the cooperation of the sport council and the sport department of Tongeren

Dear President, Dear Taekwondo Colleague,

After a period of unsure rules and guidelines it looks we are finally on track of opening our beloved sport again.

This year's the Open Challenge Cup will be different than all other years and we need to respect the COVID rules as mentioned in this invitation. **Covid Safe Ticket Mandatory from 16 years old. ( Competitors, Coach's Visitors.)**

It is our pleasure to invite you and your team to participate in the Open Challenge Cup Pomsae 2022 which will be held in Tongeren, Belgium.

**Registrations:** Can only be made using the online subscription site TPSS. To login and register please visit: [www.tpss.eu](http://www.tpss.eu) **Deadline:** Sunday February 27<sup>th</sup> 2022!!

**Entry Limit:** In order to provide a high quality championships, the entries will be limited to no more than 300 entries. If we reach this number before the deadline, the online registration will be closed earlier.

All competition areas are with electronic points system for poomsae competition.  
Each coach will receive a poule list with a complete time table.

Please mark our event in your calendar and make sure not to miss this high-level quality championship. Our professional organisation team is working hard to make this event successful! If you need any assistance, please do not hesitate to contact the organisation team.

Bruno Graziano: Tournament Director

Phone +32 (0)11/31.49.41 Mobil + 32 (0)475/61.38.39 E-mail: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)

Referee Coordinator **Mustapha Moutarazak**

[m.moutarazak@hotmail.com](mailto:m.moutarazak@hotmail.com)



## Place

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Sportcomplex “Sportoase Eburons Dome”  
Vrijheidweg 9, 3700 Tongeren (Oost), België  
Tel: +32 (0)12/39.31.11

## Date

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Saturday, March, 5<sup>th</sup> 2022

## License

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Belgian participants must be in possession of a valid taekwondo license 2022 delivered by one of the regional recognized and subsidized unisport federations that offers WTF-taekwondo.

Foreign participants must be in possession of a valid license 2022 of a recognized taekwondo federation that offers WT. taekwondo

## Rules

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VTB/WTF rules [www.taekwondo.be](http://www.taekwondo.be) (see downloads)

[Regulation for spectators](#), see RIO VTB vzw and [disciplinary regulations VTB vzw](#)

Competition Rules: WTF / VTB [www.taekwondo.be](http://www.taekwondo.be) VTB vzw en RIO VTB vzw

## System

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### Cut Off Systeem

+ 20 competitors 3 rounds: from the preliminary round 50% goes to semi-finals)

9/19 competitors 2 rounds: the best 8 goes to the final

Categories: 8 competitors final round:

## Graduation

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A-category: 1<sup>st</sup> Poom / Dan and higher.

B-category: 4<sup>th</sup> Kup until 1<sup>st</sup> Kup

C-category: 8<sup>th</sup> Kup until 5<sup>th</sup> Kup

D-category: 10<sup>th</sup> kup until 9<sup>th</sup> Kup

**Forms: A-Class : BY DRAWING LOTS**

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**1st round: 1 taegeuk**

**2nd round: 1 taegeuk**

**3th round: (final) 2 taegeuks**

## Categories

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Individual, Competitors shall be allowed to participate in one or more divisions. Pair, Team Division

Free Style Poomsae: Individual, pair and team division – only for A-categories!!

Para-taekwondo

**A-Class : BY DRAWING LOTS** – Announcement on [www.taekwondo.be](http://www.taekwondo.be) on 02/03/2022

## **B, C & D-Class ( New Rules Flemish federation TV. See Table Below )**

All age categories in the competition are based on the year of birth. For example, if someone is 17 years old on the day of the competition but will become 18 before the end of the year (2020) then he/she will participate in the category of 1<sup>st</sup> Seniors (18-30 years old).

**Individual** (Male/Female separate): A, B, C, D

Age: till 8y, 9-11y, 12-14y, 15-17y, 18-30y, 31-40y, 41-50y, 51-60y, 61-65y, ≥66y

**Pair** (1 male + 1 female): A, B, C, D

Age: till 11y, 12-14y, 15-17y, 18-30y, ≥31y

**Team** (3 male or 3 female– not mixed): A, B, C, D

Age: till 11y, 12-14y, 15-17y, 18-30y, ≥31y

**Para-Taekwondo** – only individual (male/female separate): A category and BCD (1 group)

Individual: A: age: till 17y, ≥ 18y

B+C+D (1 group): age: till 17y, ≥ 18y

Each participant is free to choose a poomsae. One round only.

**Free Style** – Individual (male/female separate), Pair (1 male+1 female),

Team (3 male or female), Mixed team (2male+3female or 3male+2female)

ONLY A/B-categories!!

**Individual** A: till 17y, ≥ 18y

**Pair** A: till 17y, ≥ 18y

**Mixed team** A: All ages

Music min. 60 sec – max. 70 sec – **bring your music on CD or USB**

Obligatory Dwit kubi, Beom seogi, Hakdari soegi

## Registrations

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[www.tpss.eu](http://www.tpss.eu)

## **Deadline**

**Sunday February 27<sup>th</sup> 2022!!!** Or if the maximum capacity of 300 participants has been reached

Information Bruno Graziano: +32 (0)11/31.49.41 / +32 (0)475/61.38.39

E-mail: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)

## Time Table

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**Friday 4<sup>th</sup> Maart 2022, 18:30 – 20:00: registration at the Sport Hall**

**Saturday 5<sup>th</sup> Maart 2022**

**07:30 – 08:30: registrations!!!**

09:00 – 09:30: Referee meeting

09:45 – 10:00: Coach meeting

10:30: start contests

18:00: awarding ceremony

The detailed time schedule will be available at the registration

## Entry Fee

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Individual: € 25,- Pairs: (2) € 35,- Teams: (3) € 35,-

**Spectators Adult € 10,00 Childeren – 10 year admission free**

**Visitors: 10 € Children -10 year free. All visitors aged 16 and over, must provide evidence that they have been vaccinated. COVID certificate required!!!**

Mouth mask is recommended outside the competition field.

Head of team is granted free admission only for national teams.

**Entry fees must be paid by bank in advance: Before February 20th 2022!!!**

Name: Taekwondo Academy GE-WE Wellen

**Account number: IBAN BE15 0011 9676 9630 / BIC: GEBABEBB**

**Mentioning: OCC Poomsae 2022, name team + number of participants individual. pair. & team**

## Awards

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To all winners of 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place - Teams 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> place

Teams: Gold m. 7 points, Silver m. 3 points, Bronze m. 1 point

## Hall Rules

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Only the competitors and their coaches have admittance by the registration cards to the contest areas. One coach for every five competitors has free admission with a maximum of 3 coaches per team. Only in sportswear.

## Protest:

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Only the official coach is allowed to protest to the LSC, immediately after the end of the contest within 10 minutes. An amount of € 50,- will have to be paid to the competition board. The decision of the referee chairman is final.

## Liability

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All competitors are considered to participate at their own risk. The organization crew and the organizer assume no responsibility for any damages, injuries or losses

## Referee

We will have a neutral competition. Each team invited, will be asked to support us with maximum 1 national or international Referee. As there are not enough referees, we will complete it with national Referees. All judges who participate will receive a monetary allowance (€ 60 day) as well as free full lunch and refreshments.

Information: [bruno.graziano@telenet.be](mailto:bruno.graziano@telenet.be)

Referee Coordinator Mustapha Moutarazak – [m.moutarazak@hotmail.com](mailto:m.moutarazak@hotmail.com)

### TABLE A-CLASS – 1<sup>ST</sup> DAN/POOM: DRAWING OF LOTS

Announcement: 02/03/2022 [www.taekwondo.be](http://www.taekwondo.be)

1st round 1 poomsae 2nd round 1 poomsae 3th round (final) 2 poomsae

<b>INDIVIDUAL</b>	
<b>Age</b>	<b>Poomsae</b>
until 8y	Taegeuk 1,2,3,4,5,6,7,8 jang
9-11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30y	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taebaek, Pyongwon, Shipjin
31-40y	
41-50y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
51-60y	Koryo, Keumgang, Taebaek, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu
61-65y	
≥66y	
<b>PAIR</b>	
<b>Leeftijd</b>	<b>Poomsaebereik</b>
until 11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30y	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
≥31y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon
<b>TEAM</b>	
<b>Leeftijd</b>	<b>Poomsaebereik</b>
until 11y	Taegeuk 2,3,4,5,6,7,8 jang, Koryo
12-14y	Taegeuk 3,4,5,6,7,8 jang, Koryo, Keumgang
15-17y	Taegeuk 4,5,6,7,8 jang, Koryo, Keumgang, Taeback
18-30y	Taegeuk 6,7,8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin
≥ 31y	Taegeuk 8 jang, Koryo, Keumgang, Taeback, Pyongwon, Shipjin, Jitae, Chonkwon

**TABLE CLASS B / C / D /****Poomsae Free to choose****But required to register at [www.fpss.eu](http://www.fpss.eu) before 25/02/2022****B / C - CLASS**

1st round: 1 taegeuk / 2nd round: 1 taegeuk 3th round: (final) 2 taegeuks

**D – CLASS possible to do 3 times the same poomsae**

A person can only participate in one discipline ( in one pair / or one team )

Each coach will receive a poule list with a complete time table.

**NOTE:** Times are subject to change!

	<b>AGE CATEGORIES</b>	<b>CLASS B</b>	<b>CLASS C</b>	<b>CLASS D</b>
<b>Individual</b>	Pupil until 8y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Miniem 9-11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U40 31-40	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U50 41-50	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U60 51-60	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U65 61-65	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	O65 + 65	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
<b>Pair</b>	Miniem until 11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	O30 +31	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
<b>Team</b>	Miniem until 11y	Taegeuk 4, 5, 6, 7, 8	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Cadet 12-14	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	Junior 15-17	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	U30 18-30	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2
	O30 + 31	Taegeuk 4, 5, 6, 7,8,9	Taegeuk 1, 2, 3,4	Taegeuk 1, 2

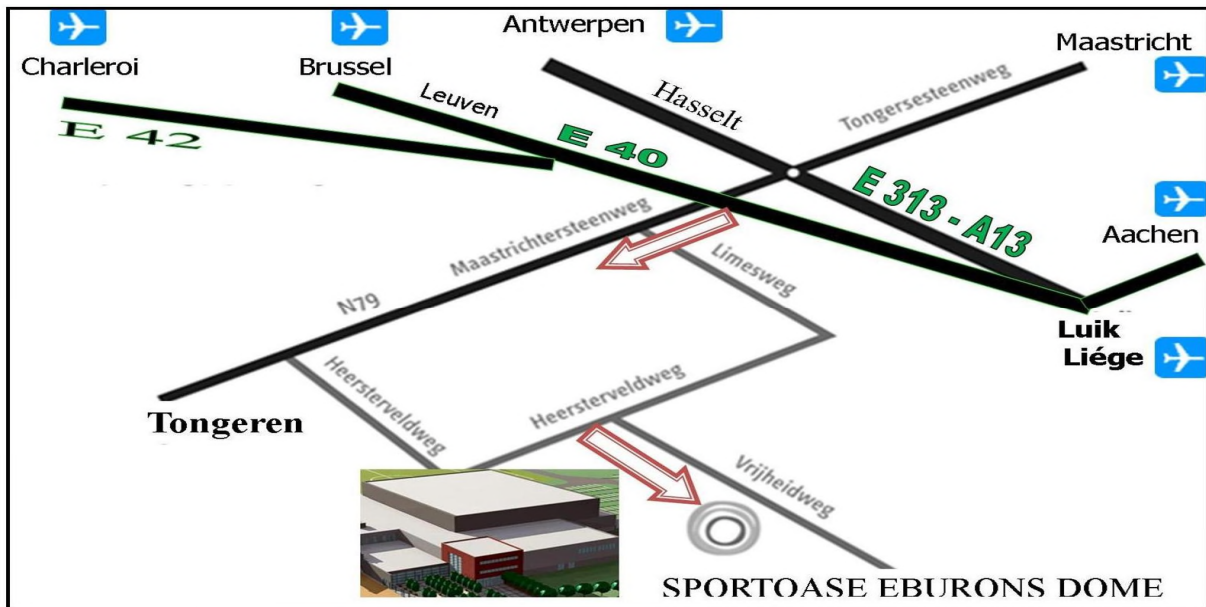
## COVID-19 Regulations

All participants aged 16 and over, coaches and referees (as well as visitors) must provide evidence that they have either been vaccinated, recovered or tested negative. It must be possible to show an officially valid EU or Belgian certificate. Downloads are possible in the App Store or the Google Play Store



There is currently no possibility for tests or the issuing of certificates on site.  
Mouth mask is recommended outside the competition field.

Place to be



Sportcomplex



## Accommodation

Sporthotel Kattevenia Bloso  
Kattevennen 15 3600 Genk (15Km ) [Low price](#)  
Tel.: 089 86 91 30 Fax: 089 86 91 44  
E-mail: [genk@bloso.be](mailto:genk@bloso.be) [www.bloso.be](http://www.bloso.be)

Hotel Limburgia  
Op 't Broek 43770 Kanne (Riemst) (5 km)  
Phone: + 32 (0) 12 45 46 00 Fax: 0032 (0)12 - 45 66 28  
E-mail: [hotellimburgia@pandora.be](mailto:hotellimburgia@pandora.be) [www.hotellimburgia.be](http://www.hotellimburgia.be)

Gastenkamers Campola (± 5 Km.)  
Koninksemstraat 186 3700 Koninksem Tongeren  
Phone Fax:+ 32 (0) 12 23 36 65  
[campola.traiteur@skynet.be](mailto:campola.traiteur@skynet.be)

BAVERSHOF  
Elderenstraat 133 - 3700 Tongeren (± 5 Km.)  
Phone: + 32(0) 12 23 43 18 fax : + 32(0) 12 39 25 18  
[bavershof@telenet.be.net](mailto:bavershof@telenet.be.net) [www.bavershof.be](http://www.bavershof.be)

Hotel Arte  
Europalaan 68 3600 Genk (± 15 Km.)  
Phone. +32 (0)89 35 20 06 Fax: + 32 (0)89 36 10 36  
[info@hotelarte.com](mailto:info@hotelarte.com) <http://www.hotelarte.com>

**“De Roerdomp” (Youthcenter) Bed & Breakfast**  
Boekrakelaan 30 3600 Bokrijk - Genk (± 20 Km.)  
Phone +/32 (0) 89 35 62 20 Fax + 32 089 30 39 80  
[bokrijk@vjh.be](mailto:bokrijk@vjh.be) [www.jeugdherbergen.be](http://www.jeugdherbergen.be)

Fam. Franssens  
Ganzebroekstraat 13 3590 Diepenbeek (± 10 Km.)  
Phone +32 (0)11 72 53 08 Fax + 32 (0) 11 72 53 08  
[eric.franssens@telenet.be](mailto:eric.franssens@telenet.be) [www.familiefranssens.be](http://www.familiefranssens.be)

Hotel-Gasthof Boniface  
Toekomststraat 27  
3770 Riemst-Heukelom (± 10 Km.)  
phone: +32-(0)12-458650 Fax: +32-(0)12-742360  
[hotel@gasthof-boniface.com](mailto:hotel@gasthof-boniface.com) <http://www.gasthof-boniface.com>

**Hotel Holliday Inn Hasselt**  
Kattegatstraat 1 3500 Hasselt ( 20km )  
Phone +32 (0) 11 24 22 00  
[www.hihasselt.com](http://www.hihasselt.com) E-mail: [info@hihasselt.com](mailto:info@hihasselt.com)



**EBURON HOTEL**

de Schiervelstraat 10, 3700 Tongeren (± 5 Km.)  
Phone: + 32 (0) 12 23 01 99 fax :+32 (0)12 26 13 70  
[info@eburonhotel.be](mailto:info@eburonhotel.be) [www.eburonhotel.be](http://www.eburonhotel.be)

**Hotel Malpertuus**

Tongersesteenweg 145 3770 Riemst (± 5 Km.)  
Phone + 32 (0) 12 45 15 38 Fax + 32 (0) 12 45 57 73  
[www.malpertuus.be](http://www.malpertuus.be)

**Hotel AMBIOTEL**

Veemarkt 2 3700 TONGEREN (± 5 Km.)  
Phone + 32 (0) 12 26 29 50 Fax : +32 (0)12 26 15 42  
[www.ambiotel.be](http://www.ambiotel.be) [ambiotel.tongeren@belgacom.net](mailto:ambiotel.tongeren@belgacom.net)

**Radisson Blu Hotel, Hasselt**

Torenplein 8, B-3500 Hasselt, Belgium (± 20 Km)  
T: +32 11 77 00 00, D: +32 11 77 00 74  
[www.radissonblu.com/hotel-hasselt](http://www.radissonblu.com/hotel-hasselt)

**OaseHotel**

Havenstraat 18, 3600 Genk (± 15 Km.)  
Phone +32 (0)89 35 32 67 Fax+32 (0)89 30 33 17  
[oase.nv@telenet.be](mailto:oase.nv@telenet.be) [www.oasegenk.be](http://www.oasegenk.be)

**Hotel Century**

Leopoldplein 1, 3500 Hasselt (± 20 Km.)  
Phone +32 (0)11 22.47.99 Fax +32 11 23 18 24  
[hotel@century.be](mailto:hotel@century.be) [www.century.be](http://www.century.be)

**Hotel Ibis**

Thonissenlaan 52 3500 Hasselt (± 20 Km)  
Phone 32 11 23 11 11 Fax 32 11 24 33 23  
[h1456@accor.com](mailto:h1456@accor.com) <http://www.ibishotel.com>

**Hotel Holiday Inn**

Kattegatstraat 1 3500 Hasselt (± 20 Km.)  
Phone +32 11 24 22 00 Fax 32 11 22 39 35  
[hotel@holiday-inn-hasselt.com](mailto:hotel@holiday-inn-hasselt.com)  
<http://www.holiday-inn.com/hasseltbel>

**Best Western Hotel Atlantis**

Fletersdel 1 B-3600 Genk (± 18Km.)  
Tel: +32 (0) 89/321010  
[info@hotelatlantis.be](mailto:info@hotelatlantis.be) <http://www.hotelatlantis.be>

**“Hotel Campanile Liégé”**

*Location: RUE JEAN BAPTISTE JUPPIN 17/18, LIEGE, (± 15 Km)*

- **Phone:**+ 32 04 224 02 72

[www.campanile.com/hotel/liege](http://www.campanile.com/hotel/liege)